

Some Mental Health Facility

Payton E. Wheeler, M.D.

222 This Blvd.

Battle Creek, MI, 11111

269-111-222

RE: Patient (Jane)

December 12, 2017

Dear Dr. John

After strict further review of Jane's journal, I regret to inform that I have some unfortunate news. Now, I know that the treatment Jane has been receiving at your psychiatric hospital has seemingly been doing nothing for her well being. I have come to find out that she has been misdiagnosed by your doctors. As you said before, she has a "nervous condition" (1) but accompanying this condition, (which we can also call an **Anxiety Disorder**) I can easily diagnose Jane with severe cases of **Schizophrenia** and **Obsessive Compulsive Disorder**.

Jane has a terrible obsession with the yellow wallpaper inside her bedroom. Reading through her journal, no matter how often the topic strays away to something else, her mind always seems to wander back to the wall paper. Her OCD is focused around the want to get rid of the wall paper. Jane has written, "I'm really getting quite fond of the big room, all but that horrid paper" (3). I'm gravely afraid that Jane's condition would have bettered by now if it weren't for the wall paper causing her so much anxiety. Her anxiety and obsessiveness has only deepened in a fear of you and Jennie, and she caught you, "looking at the paper" and "Jennie with her hand on it once" (6). Jane's fear and want to rid of the paper has worsened throughout the course of time that she has

Some Mental Health Facility

Payton E. Wheeler, M.D.

222 This Blvd.

Battle Creek, MI, 11111

269-111-222

written her journal, and it is important that this wall paper and any memories of it is disposed immediately so she may continue with her necessary care without the distraction of something so minimal as a wall.

In Jane's journal, she spoke of a woman behind the bars on her window who "crawls around fast, and her crawling shakes it all over" (7). It is clear that Janes accusations of what takes place in her window is impossible, so I must conclude that this could only be described as schizophrenic behavior. I also became severely concerned when Jane claimed that she, "can see her out of every one of my windows" (8). Schizophrenia becomes dangerous at the point of the patient seeing people who are not really there. I am warning you now, Dr. John, your wife can be influenced by these people her mind makes up, they can force her to cause harm to you, or even your children.

Dr. John, please do not take Jane's situation with a grain of salt. I do not mean to critique you as a fellow doctor, but Jane has not been receiving proper care. If something is bothering her to the extent of the wallpaper had, it is best to get rid of it. The wall paper seems to be what is causing most of Jane's issues, so if anything bothers her that much again, due to Jane's condition it must be disposed of. Her OCD attack mixing with her schizophrenic attack caused her to conduct major destruction to the walls of your home. I am telling you now that this is a mild case as to what could have happened. Please do not let Jane's condition get so bad to the point of her being

Some Mental Health Facility

Payton E. Wheeler, M.D.

222 This Blvd.

Battle Creek, MI, 11111

269-111-222

influenced by the people in her head to cause harm to the innocent people that care for her the most.

Sincerely,

Payton E. Wheeler, M.D.